



# Certified Correctional Health Professional Mental Health

SPECIALTY CERTIFICATION FOR CORRECTIONAL MENTAL HEALTH PROFESSIONALS



From the Premier National Certification Program for Professionals in Correctional Health Care

## Candidate Handbook

**CCHP Board of Trustees**  
1145 W. Diversey Pkwy.  
Chicago, IL 60614  
[www.ncchc.org/CCHP-MH](http://www.ncchc.org/CCHP-MH)



A Program of the National Commission on Correctional Health Care

## **SPECIALTY CERTIFICATION FOR CORRECTIONAL MENTAL HEALTH PROFESSIONALS**

### **Professional Recognition**

Mental health professionals working in correctional settings operate in one of health care's most demanding environments. They provide effective, timely care to high-need, often high-acuity patients while navigating strict security protocols, crowded facilities, and complex legal and public health requirements. Meeting these challenges requires continual professional growth and specialized expertise.

Certification in correctional mental health formally recognizes practitioners who have pursued focused, ongoing professional development in this unique specialty. It validates your commitment to continuing competence, professional excellence, and the delivery of high-quality mental health care where it is needed most.

### **Purpose**

The purpose of the CCHP-MH specialty examination is to assess a candidate's knowledge and application of nationally recognized standards and guidelines for correctional mental health care, including relevant legal principles, ethical obligations, and the professional role of mental health providers within the correctional environment.

### **Eligibility**

All qualified mental health professionals, as defined by NCCHC's Standards for Mental Health Services in Correctional Facilities (2026), MH-A-02—including psychiatrists, psychologists, clinical social workers, licensed professional counselors, psychiatric nurse practitioners, psychiatric nurses, and other professionals legally authorized by education, credentials, and experience to assess and treat patients' mental health needs—are eligible for CCHP-MH specialty certification.

Prior to submitting an application, applicants must have:

- Current CCHP certification
- Graduate level (master's and above) degree
- A current, active, full, and unrestricted license or registration from a State, the District of Columbia, the Commonwealth of Puerto Rico, a territory of the United States, or Canada.
- Equivalent of three years of full-time practice in a correctional environment

### **Application and Candidacy**

Elements of the application:

- Copy of professional licensure or proof of license eligibility, e.g., copy of diploma, if license to practice is not required by law in your state
- Resume or CV
- Completed application and fee

For application deadlines for exams at conferences, see [www.ncchc.org/CCHP/calendar](http://www.ncchc.org/CCHP/calendar).

Once the application, supporting materials and examination fee have been received and approved, applicants will receive acknowledgment of their candidacy to take the CCHP-MH exam.

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Candidates must register before the registration deadline for the exam they wish to take. Incomplete applications will be kept on file for three months, after which time a new application and fees must be submitted. A candidate must take the exam within six months of the application approval date. Application fees are not refundable.

### Exam Dates and Locations

Examinations are offered throughout the year, including at NCCHC's conferences and at partner sites and conferences, Prometric test centers across the country, and online. For a list of NCCHC exam dates and locations, visit [www.ncchc.org/CCHP/calendar](http://www.ncchc.org/CCHP/calendar). For Prometric test centers or online exam information, visit [www.ncchc.org/professional-certification/testing-options/](http://www.ncchc.org/professional-certification/testing-options/).

### Exam Registration and Admission

Candidates must register for the exam through NCCHC (live locations) or Prometric (test centers or online), confirming the date and location where they wish to take the exam.

**NCCHC Conference and Partner Sites and Conferences:** Upon registering, candidates will receive an admission notice with the address of the site. The admission notice and a valid state photo ID or driver's license are required to gain admission.

**Prometric Test Centers/Online Exams:** Please follow the instructions provided during exam registration.

### ADA Compliance

The CCHP Board of Trustees makes every effort to ensure that test centers are in compliance with the Americans with Disabilities Act. If you require special accommodations, please submit a written request at least 90 days before the examination date.

### The Examination

The proctored, written examination is composed of 80 to 100 multiple-choice, objective questions. Candidates are allowed two hours to complete the examination.

**NCCHC Conference and Partner Sites and Conferences:** Report to the exam site as instructed on the admission notice. Candidates arriving late may be admitted but will not be given additional time to complete the exam.

**Prometric Test Centers:** Report to the exam site as instructed by the test center and adhere to test center regulations.

No pagers, cell phones, alarms or similar devices may be operative during the exam. Personal digital assistants (PDAs) and other handheld computers also are prohibited. Any person using such devices will be dismissed from the test center and disqualified from the examination. No books, reference materials or study aids of any sort are allowed in the exam room.

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**Online Exams:** NCCHC offers online exams with live remote proctors through Prometric. Take your exam from the comfort and safety of your home or office at a date and time that is convenient for you. Internet access, a laptop or PC and a web camera are required. There are additional requirements available at [www.ncchc.org/online-exams](http://www.ncchc.org/online-exams). Prior to beginning the exam, candidates will need to complete a system test.

### **Exam Scoring and Reporting**

Examination questions, answers and grading guidelines are developed by the CCHP Board of Trustees and CCHP-MH Subcommittee. The candidate should choose the single best answer to each item. There is no penalty for incorrect answers; it is to the candidate's advantage to answer each item even when uncertain of the correct response. No credit is given for items for which more than one response is selected.

The tests are graded electronically. Candidates will receive the results by email within two weeks. Only a pass or fail will be reported to the candidate. A list of passing candidates may be published; no reference is made to candidates who defer taking the examination or do not attain a passing score.

### **Rescheduling and Reexamination**

Candidates must make and confirm all cancellations/changes through the website or direct contact with the entity registered with (NCCHC or Prometric). Candidates cancelling or rescheduling less than 5 days before the exam date are responsible for the full reregistration fee. Prometric imposes reduced fees 5-29 days before the scheduled exam date and no fee for 30 days or more.

Candidates who do not attain a passing score on their first attempt may retake the exam two additional times within one year of the application approval date.

## **SPECIALTY CERTIFICATION FOR CORRECTIONAL MENTAL HEALTH PROFESSIONALS**

### **Content Outline**

Exam questions are written by experienced qualified correctional mental health professionals and reviewed by professionals who have attained CCHP and CCHP-MH certification. They are reviewed for construction, accuracy and appropriateness by the CCHP Board of Trustees and a committee of subject matter experts. The content of the examination is described in the content outline on the following pages. The major content areas are weighted (reflected in the percentages) according to the established test plan.

This content outline identifies the knowledge areas covered on the examination. Each knowledge area includes, but is not limited to, the study topics listed below for adult and adolescent populations.

For details about study materials, see [www.ncchc.org/CCHP-MH-study-materials](http://www.ncchc.org/CCHP-MH-study-materials).

### **Content Outline Details Through March 31, 2026**

This outline covers the current CCHP-MH exam through March 31, 2026, based on the 2015 NCCHC *Standards for Mental Health Services in Correctional Facilities* and other reference materials

#### **I. GOVERNANCE AND ADMINISTRATION (5%-10%)**

Access/barriers to care	Emergency response plan
Responsible health authority	Privacy of care
Clinical autonomy	Grievance mechanism
Administrative meetings and reports	Inmate death procedure
Interdisciplinary collaboration	Documentation of suicide risk
Policies and procedures	Communication on patients' mental health needs
Continuous quality improvement program	

#### **II. SAFETY (3%-7%)**

Infection control	Patient safety
Federal sexual assault reporting regulations	Staff safety

#### **III. PERSONNEL AND TRAINING (7%-12%)**

Clinical performance enhancement	Mental health staffing
Credentialing	Mental health liaison
Mental health training for correctional officers	Managing the mentally ill from a corrections administrator's perspective
Training for mental health staff	
Medication administration training	
Inmate workers	

#### **IV. MENTAL HEALTH CARE SERVICES AND SUPPORT (5%-10%)**

Mental health pharmaceutical operations	Clinic space, equipment and supplies
Medication services	Diagnostic services
Inpatient psychiatric care	

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### **V. INMATE CARE AND TREATMENT (12%-18%)**

Information on mental health services	Emergency services
Receiving screening for mental health needs	Segregated inmates
Transferred inmates	Patient escort
Mental health assessment and evaluation	Discharge planning
Clinical assessment	Continuity of mental health care during incarceration
Multicultural assessment and treatment issues	Correctional treatment
Nonemergency mental health services	

### **VI. HEALTH PROMOTION (3%-7%)**

Mental health education and self-care	Healthy lifestyle education and promotion
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### **VII. SPECIAL NEEDS AND SERVICES (12%-18%)**

Basic mental health services	Substance abuse services
Mental health programs and residential units	Behavioral consultation
Correctional treatment	Substance abuse and co-occurring disorders
Treatment plans	Managing disruptive inmates
Suicide prevention program	Severe and persistent mental illness
Suicide risk assessment	Assessment and treatment of sex offenders
Suicide factors	Responding to the needs of diverse inmates
Suicide lethality	Mental health needs of female inmates

### **VIII. CLINICAL RECORDS (4%-8%)**

Format and content	Access to custody information
Confidentiality	Management of mental health information

### **IX. MEDICAL-LEGAL ISSUES (10%-15%)**

Restraint and seclusion	Executions
Emergency psychotropic medication	Legal issues in suicide litigation
Forensic information	Landmark cases
Informed consent and right to refuse	Litigation pitfalls in mental health
Research	

### **X. CORRECTIONAL MENTAL HEALTH: PAST AND FUTURE (4%-8%)**

Criminal justice and mental health systems	Correctional and community mental health service models
A best-practices future	

### **XI. JUVENILES (8%-12%)**

Developmental issues	Suicide
Self-injury	Substance abuse

## **SPECIALTY CERTIFICATION FOR CORRECTIONAL MENTAL HEALTH PROFESSIONALS**

### **Content Outline Details Beginning April 1, 2026**

This outline covers the CCHP-MH exam beginning April 1, 2026, based on the 2026 NCCCHC *Standards for Mental Health Services in Correctional Facilities* and other reference materials.

#### **I. GOVERNANCE AND ADMINISTRATION (10%-15%)**

Access to Care	Continuous Quality Improvement (CQI) Program
Responsible Mental Health Authority and Designated Mental Health Staff	Confidentiality and Privacy of Care
Clinical Autonomy	Health Records
Administrative Meetings and Reports	Procedure in the Event of a Death
Policies and Procedures	Grievance Process for Mental Health Care Complaints

#### **II. HEALTH PROMOTION, SAFETY, AND DISEASE PREVENTION (10%-15%)**

Healthy Lifestyle Promotion	Communication on Patients' Mental Health Needs
Infection Prevention and Control	Patient Safety
Suicide Prevention and Intervention	Staff Safety

#### **III. PERSONNEL AND TRAINING (7%-12%)**

Credentials	Medication Administration Training
Clinical Peer Review and Competency	Incarcerated Workers in Mental Health Services
Assessment	Mental Health Staffing
Mental Health	Mental Health Liaison
Staff Professional Development	Orientation for Mental Health Staff
Mental Health Training for Custody Staff	

#### **IV. ANCILLARY HEALTH CARE SERVICES (5%-10%)**

Pharmaceutical Operations	On-Site Diagnostic Services
Medication Administration Services	Emergency Services and Response Plan
Clinic Space, Equipment, and Supplies	Inpatient Psychiatric Care and Specialty Care

#### **V. PATIENT CARE AND TREATMENT (15%-20%)**

Information on Mental Health Services	Nonemergent Mental Health Care Requests and Services
Mental Health Receiving Screening	Continuity, Coordination, and Quality of Mental Health Care During Incarceration
Transfer Screening	Discharge Planning
Initial Mental Health Screening and Evaluation	

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### **VI. SPECIALIZED PATIENT SERVICES (15%-20%)**

Treatment Plans  
Mental Health Services and Programs  
Services for Substance Use Disorder  
Response to Sexual Assault and Abuse

Care of the Pregnant and Postpartum Patient  
Mental Health Residential Units  
Behavioral Consultation

### **VII. MEDICAL-LEGAL ISSUES (10%-15%)**

Restraint and Seclusion  
Restrictive Housing  
Emergency Psychotropic Medication  
Therapeutic Relationship, Forensic  
Information, and Disciplinary  
Actions

Informed Consent and Right to Refuse  
Medical and Other Research  
Executions  
Seminal Legal Cases, Legal Principles

### **VIII. CURRENT TRENDS IN TREATMENT AND EVIDENCE-BASED PRACTICE (5%-10%)**

Published peer-reviewed journal articles with the latest (within the past five years) research in evidence-based practice in the areas identified in the content outline

### **RECOMMENDED STUDY MATERIALS**

NCCHC Standards for Mental Health Services in Correctional Facilities  
Exam Resource Guide (legal cases)  
NCCHC Standards for Health Services in Juvenile Detention and Confinement Facilities  
NCCHC Standards for Health Services in Jails/Prisons  
NCCHC Position Statements, Tools and Guidance  
Published Peer-Reviewed Journal Articles



The Certified Correctional Health Professional (CCHP) program is sponsored by the National Commission on Correctional Health Care.



National Commission on Correctional Health Care  
1145 W. Diversey Parkway  
Chicago, Illinois 60614  
Phone: (773) 880-1460  
Fax: (773) 880-2424  
[cchp@ncchc.org](mailto:cchp@ncchc.org)  
[www.ncchc.org](http://www.ncchc.org)