

**Journal of Correctional Health Care
Continuing Education Program**

Lead author name: _____

Manuscript no. and title: _____

As an approved provider of continuing education credit for physicians, nurses, psychologists and other professionals, NCCHC offers a self-study exam in each issue of the *Journal*. Participation in this program requires the items listed below. Please return these documents to the following address.

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- **Curriculum Vitae.** A current CV is required from the lead author only.
- **Author Disclosure.** Each author must complete and return the financial disclosure form (attached).
- **Learning Objectives.** Please provide three continuing education learning objectives. For guidance, consult the “Tips on Writing Learning Objectives” (attached).

Upon completion of reading this article, participants should be able to:

1. _____
2. _____
3. _____

- **Exam Questions.** Please develop six multiple choice questions germane to your article and its learning objectives. Each question should have four response options. In general, responses that indicate “all of the above” or “none of the above” are not good options. Remember to provide the answer to each question. For guidance, see the samples on the following page.

Journal of Correctional Health Care
Sample Learning Objectives and Self-Study Exam Questions

Suicide in State Corrections

Learning Objectives

1. Discuss the phenomenon of suicide in prison.
2. Identify suicide risk factors through retrospective review of case studies.
3. Describe the elements of a comprehensive suicide prevention program for prisons.

Questions

1. What is the most common method used to commit suicide in prison?
 - A. Self-immolation
 - B. Overdose of psychiatric medication
 - C. Hanging**
 - D. Cutting the wrists

2. What does an SR score of 3 tell us about an inmate?
 - A. The inmate has made 3 suicide attempts in the past.
 - B. The inmate has not made a suicide attempt in the past.
 - C. The inmate has made at least 1 serious suicide attempt in the past.**
 - D. The inmate is being watched closely by a committee of professionals in order to head off any further suicidal behavior.

3. Which of the following is a true statement?
 - A. Every inmate's potential for suicidal behavior must be assessed at every encounter.**
 - B. All inmates who commit suicide in prison show some indication of their plan prior to the suicide.
 - C. Suicidal inmates should be placed in cells by themselves.
 - D. Mental health information from other facilities is not helpful in assessing an inmate's suicide risk.

4. Inmates who commit suicide in prison are commonly substance abusers. What is the most common substance of abuse?
 - A. Methamphetamines
 - B. Alcohol**
 - C. Marijuana
 - D. Cocaine